



Please read, initial each item, sign and return.

1. In our attempt to have as few cuts as possible most teams will have 12 players, the 13U teams are basically instructional and the coach will attempt to have as equal playing time as much possible at tournaments. However, all other teams are competitive teams and I understand that players on these teams will not receive equal playing time during tournaments but will receive equal PRACTICE TIME and instruction. I understand that every player’s role is to better their team, as well as themselves and every player is an important part of their team, at practices, on the court and on the bench. Complaints to my daughter about her playing time can be deflating to her, I promise to be positive about the role she is performing on her team and reinforce that that she is an important part of her team and is helping her team achieve its best and this is not based on playing time. _____

2. I understand that if my daughter played in high school she may not play the same position on her FAVOR team as she did on her high school team. _____

3. I pledge to get my daughter to practice and games on time. I understand that it can be embarrassing for my daughter to be late and disrupts the practice. I will be on time to pick up my daughter from all games and practices. This shows respect for the coach, and it tells my daughter that she is my top priority. _____

4. I pledge to use positive encouragement to fill my daughter’s Emotional Tank because athletes do their best when their “Emotional Tank” is full. I understand that less than 1% of youth sports participants receive college scholarships and that the top three reasons kids play sports are a) to have fun, b) to make new friends, and c) to learn new skills. I understand that the game is for the player and while we strive to be very competitive we must keep volleyball in the proper perspective. _____

5. I pledge to reinforce the ELM Tree of Mastery with my daughter (E for Effort, L for Learning and M for bouncing back from Mistakes). Winners are people who make maximum effort, continue to learn and improve, and do not let mistakes, or fear of making mistakes, stop them. I understand that mistakes are an inevitable part of any game and that players learn from their mistakes. I understand that children are born with different abilities and that the true measure is not how my child compares to others but how she is doing in comparison to her best self. _____

6. I pledge to "Honor the Game." I understand the importance of setting a good example for my daughter. No matter what others may do, I will show respect for all involved in the game including coaches, players, opponents, opposing fans, and officials. I understand that officials make mistakes. If the official makes a "bad" call against my team, I will Honor the Game and be silent! _____

7. I pledge to refrain from yelling out instructions to my daughter. I understand that this is the coach's job. I understand that games are chaotic times for players trying to deal with fast-paced action and respond to opponents, teammates and coaches. I will limit my comments during the game to encouraging my daughter, the other players and the team. I will refrain from “coaching” my daughter after games telling her what she needs to work on, to change or what she needs to do better. I have a very important role on the team and that is as a cheerleader and not a coach.

8. I pledge to refrain from making negative comments about my child's coach in my child's presence. I understand that this plants a negative seed in my child's head that can negatively influence my child's motivation and overall experience. _____

9. I pledge to make club payments on time, as outlined on the FAVOR website (www.frederickvb.com). If I foresee a problem making a payment, I will contact one of the FAVOR Directors at least a week before the payment is due. I understand if payments are not made on time, my child will not play in tournaments until the payments are current.

Parent Signature _____ Date _____ Player’s name _____